



# FEBRUARY

Fun acts of kindness to complete during the week of Valentine's Day & Random Acts of Kindness Week. Color in the boxes as you complete each Act of Kindness 🎉

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10 Hold a Valentine's Day Bake Sale for your favorite charity	11 Write kind words about your siblings on paper hearts & post them around your house	12 Leave a valentine out for your mailman and/or your trash collector	13 Write a Valentine's Day-themed letter to your teacher telling them what they mean to you	14 💕 Decorate valentines and bring them to your local Children's Hospital	15 Make heart cookies and deliver them to your next door neighbor	16 Surprise residents of a local nursing home with a paper flower bouquet or a handmade card
17 💛 Video chat with a friend or family member you haven't seen or talked to in a while	18 💛 Hand out compliments to 5 peers at school	19 💛 Help your parents with 3 different tasks around the house	20 💛 Surprise your neighbor with a home cooked meal	21 💛 Decorate 4 Kindness Rocks and hide them around your playground or park	22 💛 Write a letter to a veteran thanking them for their service	23 💛 Collect canned goods to donate to your local food bank
24	25	26	27			